

Who helps me if...?

Matter	Function, Institution	Address	Contact Data	Additional Information
Family, parenting	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.7	Dunja Zöller Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	
	Parent, youth, and family counselling center	Crailsheimstraße 64 91522 Ansbach	Phone: 0981/ 468 55 55 Email: eb-stelle@landratsamt-ansbach.de Web: Ansbach district: Parent, youth, and family counseling center	
Pregnancy	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.7	Dunja Zöller Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	
	State-approved counselling centre for pregnancy issues of the county	Crailsheimstraße 64 91522 Ansbach Subject area 71 - health promotion	Phone: 0981/ 468-7100 Email: gesundheitsfoerderung@landratsamt-ansbach.de Web: Landkreis Ansbach: Leben im Landkreis- Schwangerenberatung	
	Caritas association Ansbach e.V.	Bahnhofsplatz 11 91522 Ansbach	Phone: 0981/ 97168-20 Email: schwangerschaftsberatung@caritas-ansbach.de Web: Caritas: Pregnancy counseling	Please make an appointment
	Deaconry Ansbach e.V.	Merckstraße 7 91522 Ansbach	Phone: 0981/ 466149-0 Email: schwangerschaftsberatung@diakonie-ansbach.de Web: Deaconry Ansbach: Counseling center for pregnancy issues	Online consultation

Matter	Function, Institution	Address	Contact Data	Additional Information
Equal rights between women and men	Women's Representative at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 51.2.19	Prof. Tanja Schmidt Phone: 0981 4877-308 Email: tanja.schmidt@hs-ansbach.de Web: womens-office-Ansbach University	Contact point for female students, professors, and female teaching staff
	Equal Opportunities Officer at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.07	Dunja Zöller Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de	Contact point for non-academic female employees and all male university members
Violence	Women's refuge Ansbach	Caritasverband Ansbach	Phone: 0981/ 95959 Email.: frauenhaus@caritas-ansbach.de Web: Caritas Ansbach: Womens refuge	Accommodation Outpatient counseling possible
	Society Rauhreif	Platenstraße 28 91522 Ansbach	Phone: 0981 98 848 Email: beratung@rauhreif-ansbach.de info@rauhreif-ansbach.de Web: Rauhreif Ansbach	Sexual violence support Online consultation possible
	Police inspection Ansbach	Schlesierstraße 34 91522 Ansbach	Phone: 0981/9094-0 Web: Kriminalinspektion Ansbach	Criminal investigation department
	Agent for crime victims - Police of Middle Franconia	Polizeipräsidium Mittelfranken Richard-Wagner-Platz 1 90443 Nürnberg Frau Petzold, Frau Boßert, Herr Richter	Phone: 0911/2112-1344 Email: pp-mfr.bpfk@polizei.bayern.de Web: Polizei Mittelfranken: Beauftragte für Kriminalitätsoffer	Information, support: Procedure Investigation procedure Police measures Tips for prevention
	Woman emergency call Bavaria Woman counseling Nürnberg	 Lorenzer Platz 10 90402 Nürnberg	 Phone: 0911- 284400	specialist advice center of the subject of sexualized violence online consultation Woman counseling Nürnberg possible

Matter	Function, Institution	Address	Contact Data	Additional Information
	Support hotline	Nationwide and free of charge	Phone: 08000 116 016 Web: The Violence against women support Hotline	
	Support hotline violence against men		Phone: 0800 12 399 00 Web: Support hotline violence against men	online consultation-violence against men possible
	Strong LGBTIQ* agency against discrimination and violence		Phone: 0800 00 112 03 E-Mail: kontakt@strong-community.de Web: Strong!-LGBTIQ* agency against discrimination and violence	
Nursing counselling centre	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.07	Dunja Zöller Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de Web: HS Ansbach: Office for Family, Equal Opportunities and Diversity	first contact point and information
	Care support point of the city of Ansbach	Nürnberger Str. 32 91522 Ansbach Raum: 1.06	Phone: 0981/51-5955 Email: pflugestuetzpunkt@ansbach.de Web: Stadt Ansbach: Pflegestützpunkt	Care advice - city of Ansbach
	Care counselling centre of the district of Ansbach	Crailsheimstraße 1 91522 Ansbach	Mr. Lechler Phone: 0981/ 4685220 Email: pflgeberatung@landratsamt-ansbach.de Web: Pflegeberatung des Landkreises Ansbach / Landkreis Ansbach (landkreis-ansbach.de)	Care advice - district of Ansbach
	Specialist office for caring relatives	Rummelsberger Str. 11 91522 Ansbach	Phone: 0981/ 9703 88 00 Email: ansbach@rummelsberger.net Web: Ansbach-Fachstelle für pflegende Angehörige	Care advice city and northern district Ansbach

Matter	Function, Institution	Address	Contact Data	Additional Information
Disability and chronic illness	Representative for students with disabilities and chronic illness	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 51.1.5	Prof. Dr. Torsten Schmidt Phone: 0981/ 4877-262 Email: torsten.schmidt@hs-ansbach.de	Help e.g., with compensation of disadvantages
	Representative for disabled employees	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 70.0.32	Dorothee Seifert (confidential person) Email: schwerbehindertenvertretung@hs-ansbach.de Web: Representative for disabled employees	Representation disabled employees
	Office for Family, Equal Opportunities and Diversity	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 54.0.7	Dunja Zöller Phone: 0981/ 4877-503 Email: dunja.zoeller@hs-ansbach.de Web: Office for Family, Equal Opportunities and Diversity	Counselling
	Open work with disabled people	Heilig-Kreuz-Straße 2a 91522 Ansbach	Phone: 0981/ 972230-0 Web: Open Help ARON-Diakoneo	Transport service
	Regens Wagner Open help	Freiherr-von-Drais-Str. 2 91572 Bechhofen	Phone: 09822/ 604 42-0 Email: offene-hilfen-bechhofen@regens-wagner.de Web: Regens-Wagner-Absberg: Unsere Angebote	Study support Margit Pfanzen Phone: 0982/604 42 17 E-Mail: margit.pfanzen@regens-wagner.de Katrin Armbrüster Phone: 0982/604 42 18 Email: katrin.armbruester@regens-wagner.de

Matter	Function, Institution	Address	Contact Data	Additional Information
	Specialist integration service	Schalkhäuser Straße 17 91522 Ansbach	Phone: 0981 / 466330-33 E-Mail: gst-ansbach@ifd-ggmbh.de Web: IFD Mittelfranken	Support: Participation of disabled people in working life - Advice on employment of disabled people (e.g. workplace, technical aids workplace)
	Complementary Independent Participation Counselling EUTB	Drahtzieherstraße 6 91154 Roth	Phone: 09171 / 9664-47 E-Mail: beratung@eutb-mfrs.de Web: EUTB-Mittelfranken-Süd	Consulting rehabilitation and participation
Psychological Health	Psychological Counselling Centre (Studentenwerk Erlangen-Nürnberg)	Hofmannstraße 27 2. floor 91052 Erlangen	Phone: 09131/ 8002-750 (Monday-Friday: 08.30 a.m. - 12.00 p.m.) Web: Psychological Counseling Center-Studentenwerk Erlangen-Nürnberg	Expense contribution (10,00 - 15,00 euros), for students in financial need
	Consultation at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Room: 53.1.7	Kristin Fues (psychology diploma) Phone: 0981/4877-14 Email: Kristin.Fues@werkswelt.de	Open hours (Fridays): 11.00 am – 12.00 pm Office hours: Monday: 8:00 am - 01:00 pm Tuesdays: according to the official notice Friday: 8:00 am-04.30 pm

Matter	Function, Institution	Address	Contact Data	Additional Information
	Pastoral Care Consultation at Ansbach University of Applied Sciences	Welsersstraße 3 91522 Ansbach Hochschule Ansbach Quiet room Building 51 Office: Building 53, Room 53.1.7	Web: Ecumenical university chaplaincy AN Hermann Spingler (Ev) Email: hermann.spingler@oehsg-ansbach.de or Email: pfarramt@heiligkreuz-ansbach.de Phone: 0981 / 96262 Herr Philipp Albin Fischer (Rv) philipp.fischer@erzbistum-bamberg.de Tel.: 0981/21 55 4000 Mobil: 0171 3508303	Attendance appointment by arrangement Support with exam anxiety
	Social Psychiatric Service - Diakonie Ansbach	Karolinenstraße 29 91522 Ansbach	Phone: 0981/ 14440 Email: spdi-ansbach@diakonie-ansbach.de Web: Social Psychiatric Service-Ansbach	Free consultation from the age of 18 Guided self-help groups Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach Health insurance will not be informed about the use of this service
	Contact and information point for self-help groups	KISS Ansbach Bahnhofsplatz 8 91522 Ansbach	Phone: 0981/ 972 24 80 Email: ansbach@kiss-mfr.de Web: KISS-Ansbach	Estimation if self-help groups or other treatments appropriate

Matter	Function, Institution	Address	Contact Data	Additional Information
Change of study programme, study termination	Job Centre Consultation at Ansbach University of Applied Sciences	Hochschule Ansbach Residenzstraße 8 91522 Ansbach Office: Building 53, Room 53.1.7	Ms. Jantek Email: ansbach.berufsberatung@arbeitsagentur.de	Office hours: one time a month 9:00 am - 12.00 pm Appointments will be published on the websites of the General Student Advisory Services
Crises and emergencies	Advice centre for general church social work Diakonie Ansbach	Diakonisches Werk Ansbach e.V. Karolinenstraße 29 91522 Ansbach	Phone: 0981/ 96906-46 Email: kasa-ansbach@diakonie-ansbach.de Web: Diakonie Ansbach: Beratungsstelle Kirchliche Allgemeine Soziale Arbeit	Support application for social assistance, financial help Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach online consultation possible
	Home-treatment	Clinic for Psychiatry, Psychotherapy and Psychosomatics Feuchtwanger Straße 38 91522 Ansbach	Phone: 0981/ 4653-2234 (8.00 am - 4.30 pm) alternatively Patient Reception Centre Phone: 0981/ 4653-2100 Web: Bezirkskliniken Mittelfranken Stationsäquivalente Behandlung	Precondition: stationary treatment is necessary (referral by general practitioner or specialist) Offer within a 25-km radius around Ansbach All-day service
	Clinic for Psychiatry, Psychotherapy and Psychosomatics	Feuchtwanger Str. 38 91522 Ansbach	Phone: 0981/ 4653 0 (centre)	

Matter	Function, Institution	Address	Contact Data	Additional Information
	Crisis Service Middle Franconia	Hessestraße 10 90443 Nürnberg	Phone:0800 / 655 3000 oder 0911/ 42 48 55 -0 Email: info@krisendienst-mittelfranken.de Web: Crisis Service Middle Franconia	Online consultation possible
	Weisser Ring	City and county external branch Ansbach	Phone: 0151/55164844 Email: albaner.elly@mail.weisser-ring.de Web: ansbach-bayern-nord.weisser-ring.de	Victim support and crime preventionc
	Crisis line	nationwide, 24 h/day, anonymous, free of charge	Phone: 0800/ 1110111, 0800/ 1110222-116 Email: Crisis line	
Debts	Debt and insolvency advice (AWO)	Jüdtstraße 1 91522 Ansbach	Phone: 0981/ 9698814 Email: schuldnerberatung@awo-ansbach.de Web: AWO Ansbach: Debt and insolvency advice	
Financial worries	FRANKENPROJEKT "Essen & mehr" e.V.	Crailsheimstrasse 22 91522 Ansbach	Phone: 0981/ 9721950 Email: info@frankenprojekt.de Web: Frankenprojekt-Essen and more	Supply with food
	Ansbacher Tafel (Caritas and Diakonie)	Karolinenstraße 29 91522 Ansbach	Phone: 0981/ 9776006 Web: Diakonie Ansbach: Ansbacher Tafel	Opening hours on Saturdays: 14:00 p.m. – 17:00 p.m.
	General Social Counselling Centre Caritasverband Ansbach	Bahnhofsplatz 11 91522 Ansbach	Phone: 0981/ 97168-23 Email: sozialeberatung@caritas-ansbach.de Web: Caritas Ansbach: Social Counseling Center	Financial worries Support application for financial help
Addiction	Company addiction counsellor	Hochschule Ansbach Brauhausstraße 15 91522 Ansbach Room: 3.06	Armin Leppert Phone: 0981/ 4877-162 Email: armin.leppert@hs-ansbach.de	
	Addiction counselling - Diakonie Ansbach	Diakonisches Werk Ansbach e.V.	Phone: 0981 96906-22 Email: suchtberatung@diakonie-ansbach.de	individual consultation e.g., by telephone, online

Matter	Function, Institution	Address	Contact Data	Additional Information
		Karolinenstraße 29 91522 Ansbach	Web: Diakonie Ansbach: Suchtberatung	outpatient rehabilitation measure possible Branch offices: - Rothenburg o.d.T. - Feuchtwangen - Dinkelsbühl - Windsbach
	Addiction Help Blaues Kreuz Ansbach	Triesdorferstr. 1 91522 Ansbach	Phone: 0981/9778191-0 Email: info@blaues-kreuz-ansbach.de Web: Blaues Kreuz Ansbach	online consultation possible no therapy recognised child and youth addiction counselling centre - Ansbach district self-help groups offer

FURTHER HELP: [App: Wir in Ansbach: Ansbacher Sozialatlas](#)

PARENTS' MEETING AT ANSBACH UNIVERSITY OF APPLIED SCIENCES: „MOODLE-GROUP- MEETING POINT: STUDYING WITH A CHILD“

(CONTACT PERSON DUNJA ZÖLLER - OFFICE FOR FAMILY, EQUAL OPPORTUNITIES AND DIVERSITY AT ANSBACH UNIVERSITY OF APPLIED SCIENCES)